

## JMI's February Goal

# Problem Solving

Helping your child practice problem-solving builds confidence, independence, and resilience. When children learn to think through challenges and try different strategies, they gain skills that support success in school and everyday life.

### Think Aloud Together

- Ask your child to explain their steps while solving a problem
- Use prompts like "What's your plan?" or "Why did you choose that?"
- Reinforce that mistakes help us learn

### Use Real-Life Scenarios

- Involve your child in planning schedules or routines
- Let them help with budgeting, shopping, or cooking
- Talk through choices and outcomes together

### Encourage Persistence, Not Perfection

- Give wait time before stepping in to help
- Ask "What else could you try?" when they feel stuck
- Praise effort, strategies, and perseverance over correct answers

#### ♥ Remember

Allow your child time to think and struggle productively—growth happens when they work through challenges, not when answers are given right away.